

These companies say Chair Massage WORKS!

"For over a decade Health Enhancement on-site has helped to create a harmonious work environment at North Coast Bearings, Inc. I believe having a massage therapist come to NCB to give chair massage to the employees has helped them to relax, lower their stress levels and enjoy the work day more."
 – William "Bud" Hagy, president, NCB/Timken

"We are happy to take this opportunity to tell the world how much we look forward to our wonderful massage therapy sessions we so fondly named "Tuesdays with Kathleen." For many years Health Enhancement has helped us maintain our good health and flexibility with the high quality and the convenience of their house call service. We recommend Health Enhancement to everyone."
 – Anne & Del Spitzer

"I work for Q104 radio on the "Wilde and Fee Show," and was involved with a fund raiser for the Ronald Mc Donald House. Health Enhancement On-site offered these wonderful people Chair Massage for their fund-raising efforts. You couldn't keep people out of the chairs! It was a very positive experience, and our station will be having H.E. and their chair massage services at future station events."
 – Glenn Anderson, Production Imaging Director of the Morning, WQAL-FM Cleveland

"Chair massage is an excellent way to infuse any corporate event or ordinary workday with positive energy. You will recharge your attendees and employees while creating a memorable experience during a single break."
 – GM of the Ritz Carlton



No matter how much pressure you feel at work, if you could find ways to relax for at least ten minutes every day, you'd be more productive.

– Dr. Joyce Brothers



health enhancement | onsite
 bringing massage therapy to you

Call to schedule massage Anyway, Anywhere and Anytime!
 440-506-4547 • healthenhancement@sbcglobal.net



The answers are right at our fingertips!

"It's like waking up on the first day of Vacation!"

What an amazing feeling. From a world of stress and tension to one of total relaxation and rejuvenation. In as little as 10 minutes, the transformation is complete. You feel renewed, refreshed and alive.

Now imagine your employees having that same feeling while at a big, important meeting or working on critical projects at the office. How much more creative and productive would they be? How much more could they contribute?

Welcome to the wonderful benefits of Chair Massage by Health Enhancement.

Anyone who has had the opportunity to experience Chair Massage will understand why it is the fastest growing trend in benefits being offered to employees, and also why it is being used more and more with current and prospective clients at tradeshows and conventions.



About Us

Health Enhancement was established in 1994 by Kathleen Krupar, LMT to help spread the healing power of touch one person at a time. It didn't take long for corporations to understand that massage can create more productive employees and happier customers. Over the next twelve years, Health Enhancement has brought smiles to the faces of thousands of relaxed customers.

Today, Health Enhancement is Northern Ohio's premier on-site corporate and tradeshow massage therapy source. Repeat clients and referrals are the core of their business and speak volumes to the quality of the service.

Corporate clients include:

- Ritz-Carlton, Cleveland
- The Cleveland Clinic
- Cleveland Browns
- Hyland Software
- N.C.B./Timken
- Renaissance Hotel
- Marriott Hotels



The Full-Body Option

A long day filled with travel, meetings and deadlines can be incredibly exhausting. But business travelers have told us again and again that a full body massage is the best way to peacefully unwind and put their hectic day behind them.

In the comfort and convenience of your hotel room, one of Health Enhancement's caring and experienced licensed massage therapists will help you relax like you never thought possible. The next day, your colleagues may not recognize the renewed you!

Check with a Health Enhancement professional at 440-506-4547 for more information on how you can experience our wonderful full body massage.

STRESS FREE is the place to be

Did you know...

- Stress accounts for \$26 billion in medical and disability payments each year?
- Over 50% of lost work days are stress related?
- Health care expenditures are nearly 50% greater for workers who report high levels of stress?
- You can do something today that can minimize your company's lost productivity and reduce stress among your employees?

Massage therapy is the answer.

With its many diverse and highly skilled techniques, it has been used for thousands of years to reduce stress and promote relaxation.

It's time for your organization to experience the wonderful healing power of touch!

Call 440-506-4547 today to schedule Health Enhancement for your next event! Ask about advance booking and special group rates.

Happy employees and customers are right at our fingertips!

We Work with...

- Special Event Organizers
- Trade shows
- Convention Centers
- Sales & Marketing Departments
- Event & Corporate Planners
- Exhibitors
- Human Resource Personnel

